

Velcome to Kemeri National Park!





Bigaunciems, Lapmežciems, Ragaciems

15 Cafe "Stallis" **★** T.: 28811910

(18) Guest house "Lapmežciems" 🏛 🍱 🗥 T.: 27191082, www.gostinica.lv 19) Guest house "K.V.N." 🏦 🏗 🔈

T. 29118209, www.kanski.lv Guest house "Smaidas" 🏚 🚳

T.: 29265552, www.smaidas.lv

T.: 20268864, www.viesunamskvn.lv Q Guest house "AAK Service" 亩 🍱

16) Flower and souvenir shops

1 Cafe "Rosi" ★ T.: 26543954

22) Cafe "Lindaga" ★*

T.: 63163544

T.: 29374291

Smokery (fish) "Mauriņi" 💥

Fish Restaurant "Bermudas" X

Apšuciems, Klapkalnciems

26) Smokery (fish) "Stubinš" **

P Hotel "SPA Arkadia" ★ 🛣 🕏

T.: 29132765, www.hotelarkadia.lv

25) Camping "Ronīši" ★*▲

T.: 63163225, 29481863, www.bermudas.lv

T.: 26305551, 63161442, www.ronisi.lv



Boardwalk in Kemeri Raised Bog (3.4 km)



Walking & cycling route The Green Dune" ("Zaļā kāpa", 7 km)

Landscape park in

Kemeri



historical

4 Walking & cycling route "Lūžņu ditch sulphur spring" (3.1 km)

5 Nature Education and Information Centre "Forest house" ("Meža māja"), The Forest Trail (0.5 km) and The Boardwalk in Black Alder Swamp (0.6, closed)



Lake Sloka nature trail (3.1 km) and birdwatching tower

7 Walking & cycling Sloka (3.5 km)

8 Health spring Jaunkemeri and the walking trails of RRC "Jaunkemeri"

9 Museum of History of Sanatorium "Jantarnij Bereg" and Jūrmala Resort

10 Kupskalni Nature Trail (0.4 km)

11) Lapmežciems Museum 12 Ragaciems fish market

13) Sedums of Ragaciems

14 Lake Kaņieris boat station and bird-watching tower



CEMEX birdwatching tower and Lake Kanieris Reed trail (0.6 km)

Trail of Nature Pictures (4.5 km),

centre "Valguma Pasaule"

Barefoot Trail (2.5 km), Board Game Trail

Please, see the other side for more details!

and Meditation Labyrinths at the recreation

16 Lake Kanieris Castle Mound Trail (1.3 km) and sightseeing platform



"Lustūžkalns



RAGACIEMS, LAPMEŽCIEMS **BIGAUNCIEMS** Ragaciems

Lapmežciems

 $R \bar{I} G A S J \bar{U} R A S$

LĪCIS

LEGEND

Forest, park . Swamp

Overgrown water area

Medical assistance • Post offic

Restaurant, café . Smoked

Museum • Monument

1 Hotel • Sanatorium

▲ Guest house • Camping

\delta 🤛 Bicycle rental • Boat rental

Horseback riding

Nordic walking

Birdwatching

Viewing tower

Bigaunciems, Lapmežciems, Ragaciems

10 Cafe "Dižpriede" ★

Guest house "Jūras mols" 🏛 🕸

Camping "Kalnapriedes" 🕰 🔈

(13) Guest house "Monikas" 🏚 🔈

Guest house "Kamenes" **★**

T.: 27099099, www.jurasmols.lv

T.: 26404097, www. latcamping.lv

T.: 26162212; www.kamenes.lv

T.: 28756095

T.: 26161247

Self-government • Market

Lighthouse • Tower

Filling station

Tent site • Sauna

Picnic site Parking

⊞ Church • Cemetery

Built-up area

Industrial area

Hotel "Villa Anna" ★ 🛈 🅸 P T.: 26122679, www.villaanna.lv

29 Cafe "Apsīte" X T.: 26545266 (30) Hostel & Camping "Apšuciema skola" **↑ ♣** P. ••• *

T.: 29544650 1 Tent site "Čiekuri" 🗥 👭 🏝

Around Milzkalne & Lake Valgums

(32) Vacation house "Rūši" 🏦 🍱 🗥

T.: 28637513, www.ruushi.1w.lv Guest house "Milzkalne.lv" 🏚 🍱 🗥 🏝

T.: 26545521, www.milzkalne.lv

🚱 Hotel "Šlokenbeka" 🟗 🟛 🗥 🚣 T.: 25155225, www.slokenbeka.lv

35 Cafe & Guest house "Upesloki" ★ 🗈 🕮 📣

36) Tent site "Ezermalas" 🗥 🏛 🚃 🚣 T.: 29446828

37 Vacation house "Līdakas" 🏚 🍱 🚙 T.: 29448118

Recreation center "Valguma Pasaule"

T.: 29414022, www.valgumapasaule.lv 39 Tent site "Lejiņas" 🗥 🏝 🚳 🚢 🚙 T.: 63192300, 29559767

40) Household "Rubeņi". Bee products

Around Smārde

41) Farmstead "Ruģeļi" 🐂 🔈 🏝 T.: 22427274, www.zaigashorses.1w.lv

42) Cafe "Runcis&Co" **★** T.: 63192256

43) Guest house "Kalna Žagari" T.: 29414584 🏚 🏗 🗥 🏝 🗻

www.kalnazagari.lv 44) Vacation house "Virsaiši" 🏚 🅸 🦙

T.: 26377077, 29223339, www.virsaisi.lv

45) Cafe "Smārdes krogs" ★

Around Slampe

46) Vacation house "Ķīvītes" 🗥 🏗 🕰 T.: 26413774

47) Guest house "Līkumi" 🏚 🍱 🗥 T.: 26524126

48) Cafe "Pils kafejnīca" **★** T.: 26337779

49) Guest house "Pilsētnieki" 🏚 🍱 🗥 🚳 📆 T. 29497272, www.pilsetnieki.lv

Around Džūkste

Tent site "Guntiņas" \Lambda 🏝 🚙 🚳 T. 28336456, 29454508 51) Stud-farm "Skudru staļļi" 🐂 🚣

T.: 26307695

Around Tireli

52) Stable "Ormaņi" 🐂 T. 28677844, www.stallisormani.weebly.com

T.: 29160393, www.aitinlauvas.lv

Kūdra

54) Cafe "Osīši" **★** T.: 29147941

653 Cafe "Kurši" **★** T.: 67730299



"The Sun's Kiln" 21) Bicycle route "Šlokenbeka Circle"

(17 km) **22)** Šlokenbeka Manor

Dunduri meadows

24) The Fairytale Museum of Džūkste **25)** Bog restoration site in Kemeri Raised Bog

— objects of interest

ACTIVITIES

Snowshoe rental 33

Bicycle rental **1 4 21 38 49** Nordic walking: rent of poles 38, instruction 5 6 38 Photo orienteering and classic orienteering 68 Fishing and boat rental 14 36 37 38 **39 43 50**

Boat rides on rivers and the sea: www.juraslaivas.lv Motor boat rides on the sea Horseback riding 41 44 51 52 Cross-country skiing track and ski rental 46

HEALTH AND BEAUTY



LOCAL PRODUCTS Smoked fish 12 23 26 Kurzeme wines 22 Bee products 40

Raspberries July&Aug 46 Black ceramic 20 Needlework 16 22

Kemeri

1 Bicycle rental "Kemeru takas" 🚳 T.: 29239273, www.takas.lv Reservation required during other months.

Jūrmala City Council Visitor Service Centre,

Tent site "Kemeru takas" A. L. T.: 29239273, www.takas.lv

* Open in summer Green Certificate" – environment-friendly accommodation

Jaunkemeri

Cafe "Kūriņš" ★

ENGURE

Guest house "Melnais stārķis" 🏦 🏦 Pizzeria "Miča Pica"

★ T.: 26751543, www.melnaisstarkis.lv T.: 67512621, www.micapica.lv

Dunieris

💶 Restaurant "Neptūns" 🗶 👭 🟍 🏱 T.: 29999319, 26189261 www.restoransneptuns.lv

Restaurant "Klondaika Tex Mex" X 5 Resort Rehabilitation Center T.: 67740688 "Jaunķemeri" 엽 🛨 🗶 🏗 🦮 🏂 www.texmex.lv T.: 67733522, www.jaunkemeri.lv Information center

Sanatorium "Jantarnij Bereg" T.: 67736500, www.sanatorij.lv



T.: 26674792

T.: 67736598, www.kurins.lv

of Sanatorium "Jantarnij Bereg",

Raganu purvs

Kauguri





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Welcome to Kemeri National Park!





ABOUT THE NATIONAL PARK

Kemeri National Park (KNP) was founded in 1997 with the aim to preserve nature, cultural history and resort values, encourage sustainable economic activity, tourism and environmental education. The most significant **nature values** of KNP are:

- intact raised bogs, especially Kemeri Raised Bog;
- sulphurous mineral waters, formed beneath the bogs;
- shallow coastal lakes rich in birds;
- wet deciduous forests.



KNP is inhabited by such rare bird species as Black Stork, White - tailed Eagle and Lesser Spotted Eagle. The forests are inhabited by wolves and lynxes, waters by otters and beavers, whereas old buildings are homes for especially rare bat species – **Pond Bat.**

WHAT TO SEE?

1 Boardwalk in Ķemeri Raised Bog (3.4 km)

A fabulous walk in the intact raised bog. The boardwalk will lead you to the kingdom of mosses, bog pine-trees, small scenic lakes and scent of Marsh tea. By taking a careful look, you will be able to see insectivorous plant – sundew, and various birds – wood sandpiper, white wagtail and tree pipit. The boardwalk has two loops: the large (3.4 km) and the small (1.4 km) one.



2 Walking & cycling route "The Green Dune" ("Zaļā kāpa", 7 km, yellow marking)

As the name suggests, the main attraction of the route is the Green Dune, a several kilometre-long inland bank of dunes overgrown with an old pine forest. 4500 years ago it formed the shore of the ancient Littorina Sea, but now spectacular bogs and forests spread out on either side of it.

Having reached the crossroads near Antinciems, you can: • return to Kemeri along the so-called Antinciems road through

- Witch (Raganu) Swamp. Total distance ~10 km.
- continue to Lake Kanieris (16), (15), (14) and return to Kemeri through Lapmežciems (11), (10) and Jaunkemeri. Total distance ~23 km.
- continue to the vicinity of Lake Valgums (17), (19) and Smārde or Milzkalne 20, 21, 22 stopping by Lake Kanieris Castle Mound Trail 16 on your way. Total distance ~23 km (one direction).

3 Landscape park in Kemeri historical resort 🕒

renowned mineral waters and curative mud, has helped hundreds of thousands of people to recover their health. Even though the resort is now closed and waiting for restoration, mineral water is still available e.g., in the sulphur spring Little Lizard (Ķirzaciņa) pavilion. Taking walks has always been an integral part of the resort therapy. The vast

picturesque landscape park, with its many bridges and historical resort buildings, still invites you to enjoy the charm of walking. Asphalted paths will quickly and easily take any visitor right into the heart of a natural forest, where rare species of woodpeckers, as well as other species of animals and plants



4 Walking & cycling route "Lūžņu ditch sulphur spring" (3.1 km; blue marking)

A walk through Kemeri can be extended by continuing towards the Scrap (Lūžņu) ditch sulphur spring. Its water has the most powerful curative properties out of all sulphur springs in Kemeri. The beaver flooding on the way from the spring to "Forest House" is one of the best woodpecker-watching places in the vicinity.

5 Nature Education and Information Centre 📘 🕒 "Forest house" ("Meža māja"), The Forest Trail (0.5 km) and The Boardwalk in Black Alder Swamp (0.6, closed)

"Forest House" historically was part of Kemeri resort – it was built in 1933 as a restaurant and recreation centre "Merry Mosquito" ("Jautrais ods"). Here you can receive information about recreation opportunities in the national park, participate in various nature education events and visit an interactive exhibition. The Information Centre is open: June-Aug Wed-Sun 11am-5pm; May&Sep Sat-Sun 1am-5pm. Tel: + 371 67730078, 26424972.

The Forest Trail (0.5 km) will take you along the paths of the historical Kemeri resort park and introduce you to a rare and magnificent deciduous oak forest.

Boardwalk in Black Alder Swamp (0.6 km) will let you explore a wet deciduous forest which is flooded annually by the waters of River Vēršupīte. The boardwalk is closed for reconstruction. Meanwhile the same specific type of forest can be enjoyed in the nearby Lake Sloka

6 Lake Sloka nature trail (3.1 km) and birdwatching tower

The starting point for all activities in the vicinity of Lake Sloka is the picnic and parking place near the lake with floating birdwatching tower and sulphur springs on the lakeshore. The 3.1 km long nature trail also starts here and winds further along the lakeshore through various types of forest. The final part of the trail is equipped with sports elements for children. In case of high water level in spring and late autumn the trail can be flooded!

7 Walking & cycling route of Lake Sloka (3.5 km)

From the picnic-site near the lake you can go on a walk along marked road, first running along the lakeshore, then taking you through the heathers of Sloka Bog, passing the scenic Akacis Lake to Kūdra. From Kūdra, it is possible to catch a train to Ķemeri, Tukums or Rīga.

8) Health spring Jaunkemeri and the walking trails of RRC "Jaunkemeri"

There are several sulphur springs in Jaunkemeri as well. One of them is the health spring Jaunkemeri which offers two types of mineral water – hydrogen sulphide and sodium chloride. Here you can also find marked walking trails created by the specialists of the resort rehabilitation centre "Jaunkemeri" so that they could "prescribe" their patients walks of various length depending on each patient's health condition and physical fitness. www.jaunkemeri.lv

Museum of History of Sanatorium "Jantarnij Bereg" and Jürmala Resort

The little museum on the second floor of the sanatorium will tell you about the history of Jūrmala resort from the beginning of the XIX century, as well as give an insight into the beginnings of the sanatorium, introducing also different medical equipment preserved from the 1970-80s.

Guided tours in Russian are organized every Tuesday at 3pm (4.50 EUR). Tel: +371 67735850, www.sanatrorij.lv.

10) Kupskalni Nature Trail (0.4 km)

The trail takes you along River Silinupe to the beach and scenic old stone pier. On this side of the Gulf of Riga the sun rises out of the sea, making it a great place for watching the sunrise.

(11) Lapmežciems Museum

Lapmezciems parish is the place of the oldest known settlement of the ancient fishermen so close to the Baltic Sea, dating back to the 3d-2nd millennium B.C. The museum will let you learn more about it, as well as follow the story of further development of fishermen's life in the area up to nowadays. Open: Mon-Thu 10am-4pm, Fri 9am-2pm, Sat&Sun upon request, Tel: +371 27000380, 27220869, www.lapmezciems.lv/muzejs.



12) Ragaciems fish market

The coastal villages have kept fish smoking traditions, which are mainly practiced by small family-owned enterprises. While driving along the villages, you will notice directions to several small fish smokeries – feel free to visit them! However, the biggest selection of smoked fish is available in the Ragaciems fish market.

(13) Sedums of Ragaciems

In former times, "sedums" was a name denoting the gathering

place of fishermen – a set of buildings for common meetings to discuss fishing and make fishing tools, while fishermen's wives and children fixed up the nets. Fishing equipment – nets, buoys, flags etc. were stored in huts nearby. Nowadays, thanks to the efforts of local enthusiasts sedums in Ragaciems has been restored almost in its authentic shape and is fully in use by local fishermen.



14) Lake Kaņieris boat station and bird-watching tower

Lake Kanieris is one of the best bird-watching places in Latvia. Almost 200 bird species have been observed in the lake, and during migration more than 10,000 water birds seek shelter here. One of the spots to enjoy this is the bird watching tower at the boat station; you can also buy a fishing license and rent a boat here. The boat station is open from May 1 until late autumn 5am-10pm; in wintertime – depending on the ice conditions. Tel: +371 29253514.

15) CEMEX birdwatching tower and Lake Kaṇieris Reed trail

CEMEX birdwatching tower is located on Riekstu peninsula of the Kanieris Lake and offers a spectacular view over the lake. The Reed trail is built on pontoons. It will take you right into the thicket



16) Lake Kaņieris Castle Mound Trail (1.3 km) and sightseeing platform

The trail will take you through forested swamps and fens towards the mysterious Kanieris castle mound and stone embankments, the origin of which scholars still argue about. There is a sightseeing platform for bird-watching right on the castle mound.



17) Bicycle Route "Forest Circle" (16 km, red marking) The right choice for those wanting to spend some time on quiet

forest roads without too much effort. The delight of the path lies in relaxed enjoyment of the scenery of Latvian forest. The most attentive travelers might spot some birds or animals, or at least their homes.

18) Bicycle route "Lustūžkalns Circle" (22 km, orange marking)

This route reveals the hilliest part of Kemeri National Park, including also the highest point of this territory – Lustūžkalns hill, located 63 m above the sea level. Legend tells us that the Russian empress Katrīna used to have an amusement castle there and a golden carriage, which she immersed in Valguma Lake so that nobody else would have it. Nowadays, there is unfortunately no trace of the castle, but the cheerful atmosphere is still there testing your sense of humor by turning your ride into a healthy walk with some bicycle pushing exercise at some of the steepest slopes.

19) Trail of Nature Pictures (4.5 km), Barefoot Trail (2.5 km), Board Game Trail and Meditation Labyrinths at the recreation centre "Valguma Pasaule"

Beautifully framed landscapes of coniferous forests, protected habitats and rock outcrops by the River Slocene, as well as mischiefs of beavers and bark beetles.

Exciting walk and health ritual in the very first (and longest) barefoot trail in the Baltics (open from May till October, 4 EUR).

Rejoice in blessing of the silence while meandering through the 780 m long Gothic or 464 m long Classical labyrinth.

Parking 1 EUR. Tel: +371 63181222, 29414022, www.valgumapasaule.lv.

20 Pottery Workshop "The Sun's Kiln" ("Saules ceplis")



The small and cosy workshop is managed by the ceramist Madara Bartkeviča and her family. Both young and old are welcome here to learn how black ceramic ware is made. The visit to the workshop is free of charge, working with clay – EUR 5/person. Please arrange your visit beforehand. Tel: +371 26072594.

21) Bicycle route "Šlokenbeka Circle" (17 km, blue marking)

This route will lead you through the sunny forests and picturesque valley of River Slocene to the fairly impressive Šlokenbeka Manor

22) Šlokenbeka Manor

It is one of the few examples of fortified medieval manors in the Baltics and the only one in Latvia that has survived to the present day. Here you can go on adventurous excursions, get to know a variety of ancient manor games (giant dominos and others) and participate in the tasting of local wines. There is also a picnic place and a little shop that sells local goods. Please call to arrange excursions and wine degustations. Tel: +371 29904147, www.slokenbeka.lv.

The manor also houses the Latvian Road Museum.

Open: May - Oct Tue-Fri 9am-4pm, Sat&Sun 10am-5pm; Nov - Apr Mon-Fri 9am-4pm; free entrance.

23) Dunduri meadows

Remote meadows surrounded by forest have now become a 120 ha large pasture ground for semi-wild horses (Konik Polski) and cows (Heck cattle) - species

of herbivores developed by breeding back to resemble their wild ancestors - Aurochs and

In spring, flooded meadows attract thousands of waterfowl. In summer the meadows become home for Corncrake and feeding grounds for Lesser Spotted and Whitetailed Eagle and Black Stork.

When going to Dunduri meadows from the north (highway A10), you have to drive right through the farmyard! The road continues on

24) The Fairytale Museum of Džūkste

introducing the Father of Latvian Fairytales Ansis-Lerhis Puškaitis (1859-1903) and his life's work collecting Latvian fairytales and legends. The Fairytale Classroom of the museum invites families with children to learn more about fairytales by listening, reading and painting fairytales, and also by playing them in the puppet



Open: April 20-Oct 20 Tue-Sat 10am-5pm, Sun 11am-4pm; Oct 21-April 19 Tue-Fri 10am-5pm, Sat&Sun 11am-4pm. Entrance fee: adults 1.5 EUR, children, students and seniors 1 EUR, Tel: +371 63154691, 26513314, www.tukumamuzejs.lv.

25) Bog restoration site in Kemeri Raised Bog Going along gravel road

for 2 km will let you see peat pits and milled fields in the Northwestern part of Kemeri Raised Bog which were flooded during the bog restoration project in 2006. Different wading bird species make their nests there, and the growing of Sphagnum moss has resumed. During mornings and evenings there is a high possibility of spotting beavers.



PLEASE KEEP IN MIND WHILE VISITING

Getting around

- You can freely walk and pick mushrooms and berries in the whole territory, except the restricted area marked by warning signs.
- You can go by bike or car on all the roads of the national
- When parking the car, please do not drive off the road

Campfires and tents

• Please, pitch a tent and make a campfire only in designated campsite places!

Nature trails and bike routes

- All nature trails and routes managed by Nature Conservation Agency can be visited for free and are open all year round!
- During rainy weather the wooden boardwalks might be
- Please do not ride bicycle along the boardwalks it will help us maintain them for longer! Lock the bike to a tree at the beginning of the trail!
- During winter snow is not removed from nature trails and bicycle routes, so the latter can be used for cross-country

Be aware of mosquitoes and ticks!

- From the beginning of June until the middle of September there are lots of mosquitoes! Choose appropriate clothes and take a repellent with you!
- From spring until autumn beware of ticks!

Travel green!

- Treat plants and animals with care.
- Dispose rubbish only in designated places or take it with you!
- Choose environmentally friendly means of transportation – a bike, a train or walk on foot!
- Support local economy shop at the local shop, have a meal at the local café of pub, rent a bike or a boat or have a sauna party in a guest house!

Enjoy your stay!

TOURISM INFORMATION

Nature Education and Information Centre "Forest House" ("Meža māja") at Ķemeri, Jūrmala. Tel: +371 67730078, 26424972. Open June – Aug Wed-Sun 11am-5pm;

May&Sep Sat&Sun 11am-5pm. Email: pieriga@daba.gov.lv. www.daba.gov.lv/kemeri/eng, www.kemerunacionalaisparks.lv.

Tourist Information Centre of Tukums at 5 Talsu Str., Tukums.

Tel: +371 63124451, 28311557. Open June – Aug Mon-Fri 9am-6pm, Sat 9am-3pm, Sun 10am-2pm; May&Sep Mon-Fri 9am-6pm, Sat 9am-3pm; Oct-Apr Mon-Fri 9am-6pm,

Jūrmala Tourism information centre at 5 Lienes Str., Majori, Jūrmala. Tel: +371 67147900. Open May-Sep Mon-Fri 9am-7pm, Sat 10am-5pm,

info@jurmala.lv, www.tourism.jurmala.lv.

tic@tukums.lv www.visittukums.lv.



L V A F Latvijas vides aizsardzības fonds

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EVENTS

Every year Ķemeri National Park hosts various events: birdwatching days, Travellers' Day, Bat Night, etc. Find more information at www.daba.gov.lv and www.kemerunacionalaisparks.lv.



BEST BIRDWATCHING PLACES

Lake Kaņieris 14, 15, 16. Melting of ice – middle of May: migrating waterfowl and waders. April – end of July: White-tailed Eagle Haliaeetus albicilla, breeding waterfowl, warblers, Great Egret Egretta alba, Great Bittern Botaurus stellaris and Little Bittern Ixobrychus minutus. September – beginning of October: migrating waterfowl (can be more than 10 000 birds at a time).

Mouth of River Starpinupe (connecting Lake Kanieris and the sea). Middle of August – beginning of September: migrating waders (up to 23 species), Kingfisher Alcedo atthis. In winter: wintering waterfowl, Kingfisher, Grey Wagtail Motacilla cinerea, Dipper Cinclus cinclus,

The vicinity of Kemeri (3), (4), (5), (6). March - April: Pygmy Owl Glaucidium passerinum, Eagle Owl Bubo bubo. Middle of March - beginning of June: woodpeckers (Middle Spotted Woodpecker Dendrocopos medius, White-backed Woodpecker

Dendrocopos leucotos, Threetoed Woodpecker Picoides tridactylus, etc.).

Lake Slokas 6. Melting of ice - middle of May and second half of summer -September: migrating waterfowl. In lakeshore forests middle of March – beginning of June:

woodpeckers. Dunduru meadows 23.

Melting of ice – middle of May: migrating waterfowl and waders. April – end of July: birds of prey (Lesser Spotted Eagle Aquila pomarina, etc.), Black Stork Ciconia nigra. Middle of May - end of June: Corncrake Crex crex.

FISHING

The most popular fishing places in Kemeri National Park are Lake Kaņieris and Lake Valgums, both also offering boat rent. The most

popular fish species is the pike. Before starting to angle, please make sure you have a fishing card (necessary for ages 16-65, www.makskeresanaskarte.lv) and identification card with you.

For angling in Lake Kaņieris, you must also buy a fishing license at the boat station of the lake (14) and you are only allowed to use boats from this station in the lake.



GUIDES

• Guided bike tours and excursions. SIA "Ķemeru takas", +371 29224618, www.takas.lv.

• Tours to explore the nature treasures and the history of Kemeri

Ineta Jansone, +371 29135543, www.celoarinetu.lv. Ērika Berga, +371 29126551, owl95@inbox.lv.

 Bird-watching and guided tours. Dagnis Mukāns, +371 29216431, dagnis.m@gmail.com.

• A theatrical excursion in the footsteps of the Latvian riflemen during World War I.

Māris Ribickis, +371 22057669, rbickis 86@inbox.lv.

Boat rides on rivers and the sea: www.juraslaivas.lv, www.seakayak.lv

HOW TO GET TO THE NATIONAL PARK?

- By car along the Talsi (P128) or Ventspils (A10) motorway to the turn to Kemeri • By train Rīga-Ķemeri-Tukums to the station Ķemeri (or Kūdra
- or Smārde), www.pv.lv. • From Jūrmala by bus No. 6 from Sloka or minibus No. 10 from
- TC Bulduri to Ķemeri, www.jurmala.lv.